

# 15<sup>th</sup> International ADHD Congress -VIRTUAL-

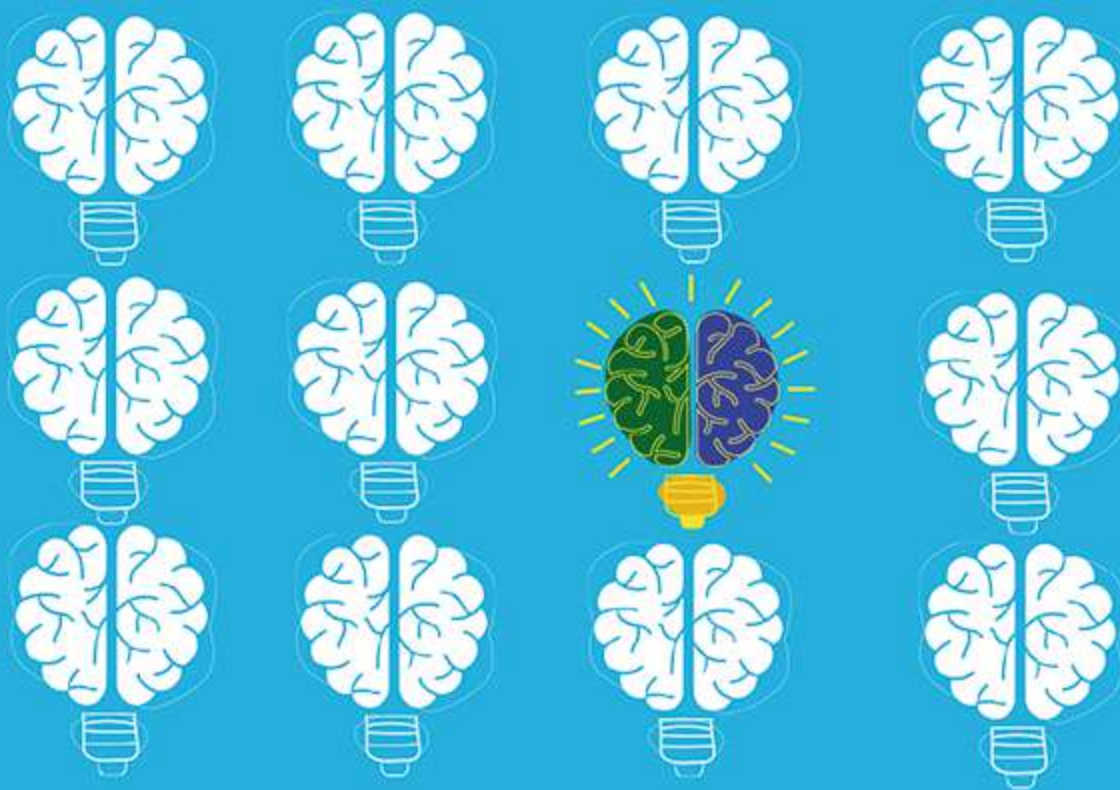
Improving ADHD  
What Actually Works?

October 1 · 2 · 3

For mental health and education professionals, as well as people interested in the subject

Thursday, October 1st. 2020 (Morning)

SCHEDULE	LECTURER	TITLE	CONTENT	AVAILABILITY	LANGUAGE USED BY LECTURER	SIMULTANEOUS TRANSLATION
09:00 a 09:10	Mtra María Elena Frade	Opening	Welcome speech	Live and Post-Conference	Spanish	Yes into English
09:10 a 09:50	Dra. Silvia Ortiz	What We Should Know about ADHD, Its Treatment and Psychosocial Intervention.	Etiological and neurobiological foundations, diagnostic, and bimodal treatment (pharmacological treatment and psychosocial intervention).	Only Live	Spanish	Yes into English
10:00 a 10:40	Dr. Javier Correas	ADHD and Dopamine: emotions, motivation and behavior	The role of dopamine in our emotions and behavior. The importance it has in ADHD.	Live and Post-Conference	Spanish	Yes into English
10:50 a 11:30	Dr. Eduardo Barragán	Neuroimaging Findings in ADHD Treatment	Presentation of the findings of the tractography applied to ADHD treatment.	Live and Post-Conference	Spanish	Yes into English
11:40 a 12:20	Master Ignacio De Ramón	Digital Prescription Intervention in ADHD: A New Age.	The lecture will address how digital treatments are demonstrating their efficacy in ADHD interventions and the role played by some technologies, specifically artificial intelligence, in this new type of treatment.	Live and Post-Conference	Spanish	Yes into English
12:30 a 13:10	Jodi Sleeper Triplet	Shift to a Positive Mindset Through Coaching - Increase Self-Confidence & Success.	Low self-confidence is prevalent in people with ADHD, impeding their ability to take action steps to meet their goals. In this presentation, participants will learn how coaching can help individuals with ADHD to shift to a positive mindset, leading to increased self-confidence and success in life.	Live and Post-Conference	English	Yes into Spanish
13:20 a 14:00	Dr. John Mitchell	Mindfulness treatment for adults with ADHD.	Scientific evidence of the mindfulness approach for ADHD adults	Live and Post-Conference	English	Yes into Spanish



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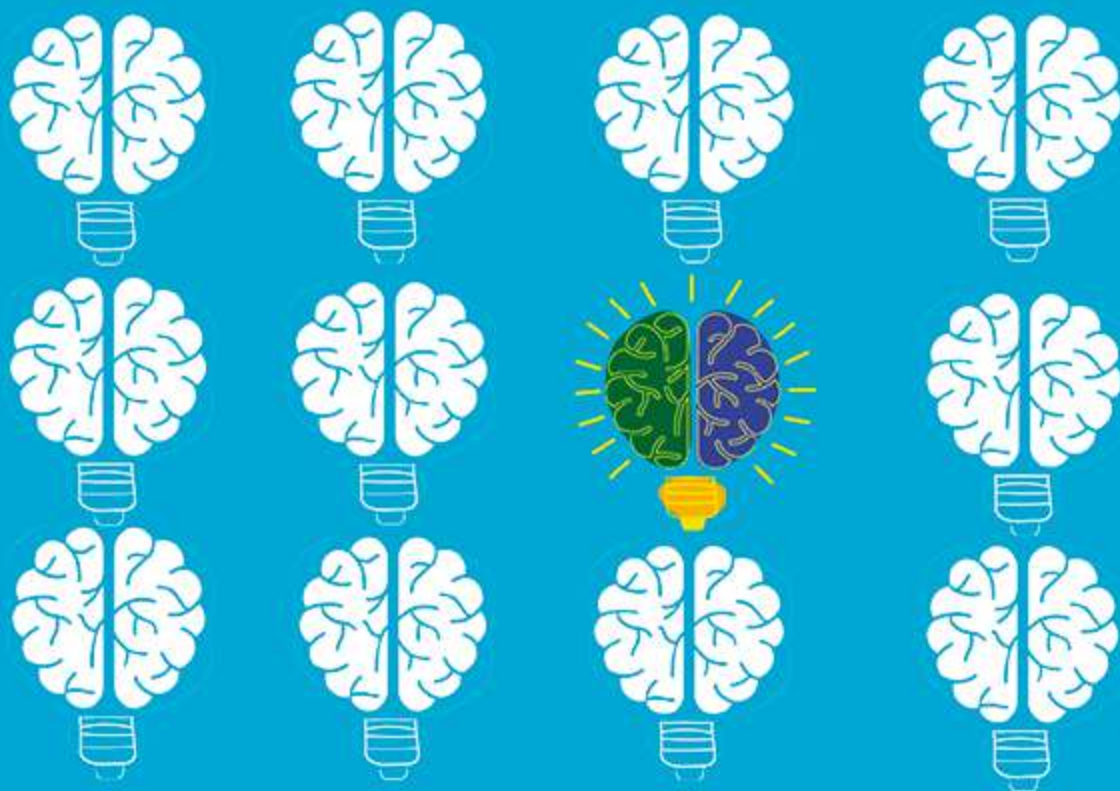
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## Thursday, October 1st, 2020 (Afternoon)

SCHEDULE	LECTURER	TITLE	CONTENT	AVAILABILITY	LANGUAGE USED BY LECTURER	SIMULTANEOUS TRANSLATION
16:00 a 16:40	Dra. María Teresa Acosta	ADHD as a Chronic Condition: Treatment and Impact on Healthcare Systems.	ADHD's medical impact on the quality of people's health and how healthcare systems are affected.	Live and Post-Conference	Spanish	Yes into English
16:50 a 17:30	Mtra. Maira Gutiérrez	Mindfulness in the Classroom	How to support children and adolescents with ADHD in developing mindfulness at school.	Live and Post-Conference	Spanish	Yes into English
17:40 a 18:20	Dr. Mauricio Leija	Identifying "Hidden" ADHD in Cases of Autism and Asperger Syndrome.	ADHD in patients with autism spectrum disorder will be addressed, given that ADHD is often unidentified due to the fact that children's impulsive behavior is attributed to autism. However, it has been recognized that 60% of the children diagnosed with autism also experience ADHD, the expressions of which are often more difficult to identify.	Live and Post-Conference	Spanish	Yes into English
18:30 a 19:10	Dr. Emmanuel Sarmiento	Suicidal Behavior in People with ADHD	The presentation will cover the most recent definitions, the degree of co-morbidity presented by both diagnostics and a clinical case.	Live and Post-Conference	Spanish	Yes into English



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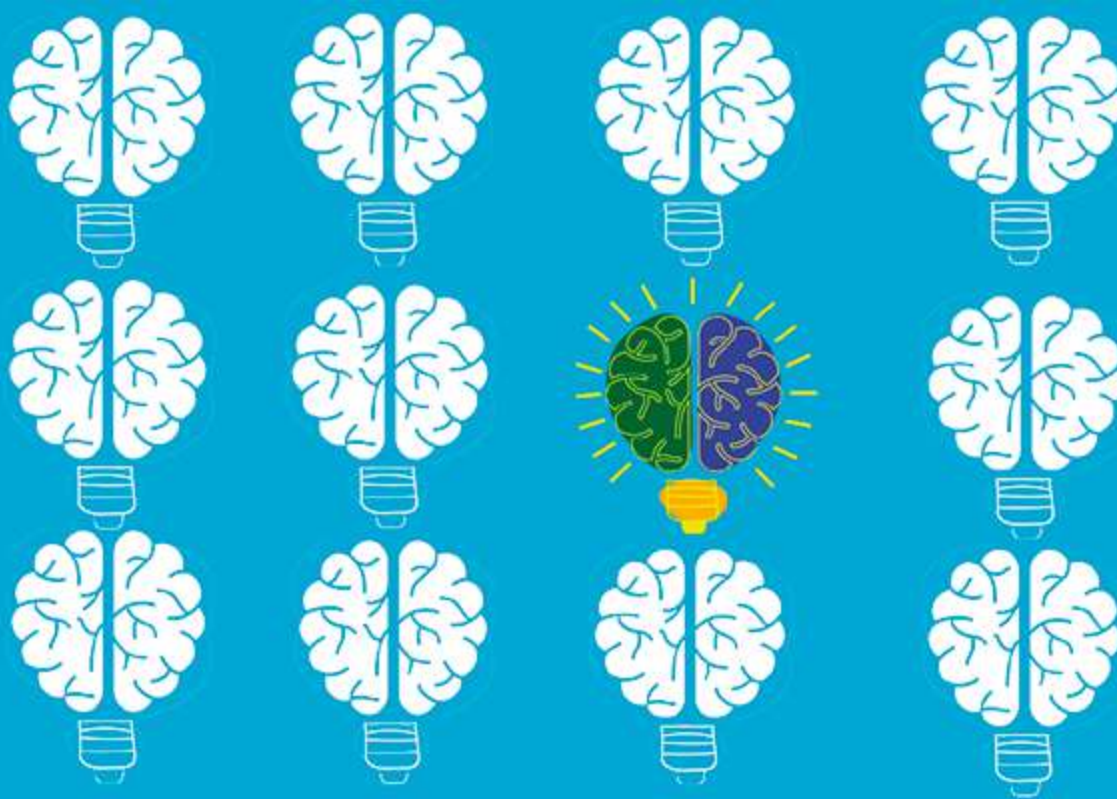
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Friday, October 2nd. 2020 (Morning)

SCHEDULE	LECTURER	TITLE	CONTENT	AVAILABILITY	LANGUAGE USED BY LECTURER	SIMULTANEOUS TRANSLATION
09:00 a 09:05	Dr. Juan Carlos Pérez Castro Vázquez	Start of transmission	Connection and transmission verification.			
09:10 a 09:30	Mtra. María Elena Frade	El Proyectodah	Proyectodah's results, progress, and impact on Mexican society.	Live and Post-Conference	Spanish	Yes into English
09:35 a 10:15	Dr. Joseph Biederman	A Literature Review and Meta-Analysis on the Effects of ADHD Medications on Functional Outcomes.	A systematic review and meta-analysis of literature from large databases and registries will be conducted in order to assess the effects of ADHD medication on associated functional results.	Only Live	Spanish	Yes into English
10:20 a 11:00	Dra. Feggy Ostrosky	Neuropsychological Differential Diagnosis between ADHD and Abuse.	Controversies around the diagnosis of ADHD	Only Live	Spanish	Yes into English
11:10 a 11:50	Dr. Kenny Handelmann	Treating Adult ADHD during COVID-19 pandemic challenges & opportunities.		Only Live	English	Yes into Spanish
12:00 a 12:40	Gina Pera	Executive Functions with a couple focus.	What are the executive functions (generally and briefly Brown's and Barkley's models) How they relate to ADHD? How EF strategies can help to reduce ADHD-related perfectionism—or never getting started A couple demonstrates a common scenario – he goes to the hardware store to buy grout – promises to “be right back” but returns 5 hours later Examine what went wrong and how it might go better next time.	Live and Post-Conference	Spanish	Yes into English
12:50 a 13:30	Dr. Javier Quintero	ADHD under Exceptional Conditions	An approach to ADHD management under exceptional situations such as the COVID-19 lockdown.	Live and Post-Conference	Spanish	Yes into English
13:40 a 14:20	Dr. Rodrigo Marin Navarrete	Video Game Addiction and ADHD	A presentation of the current state of knowledge regarding video game addiction related to ADHD.	Live and Post-Conference	Spanish	Yes into English



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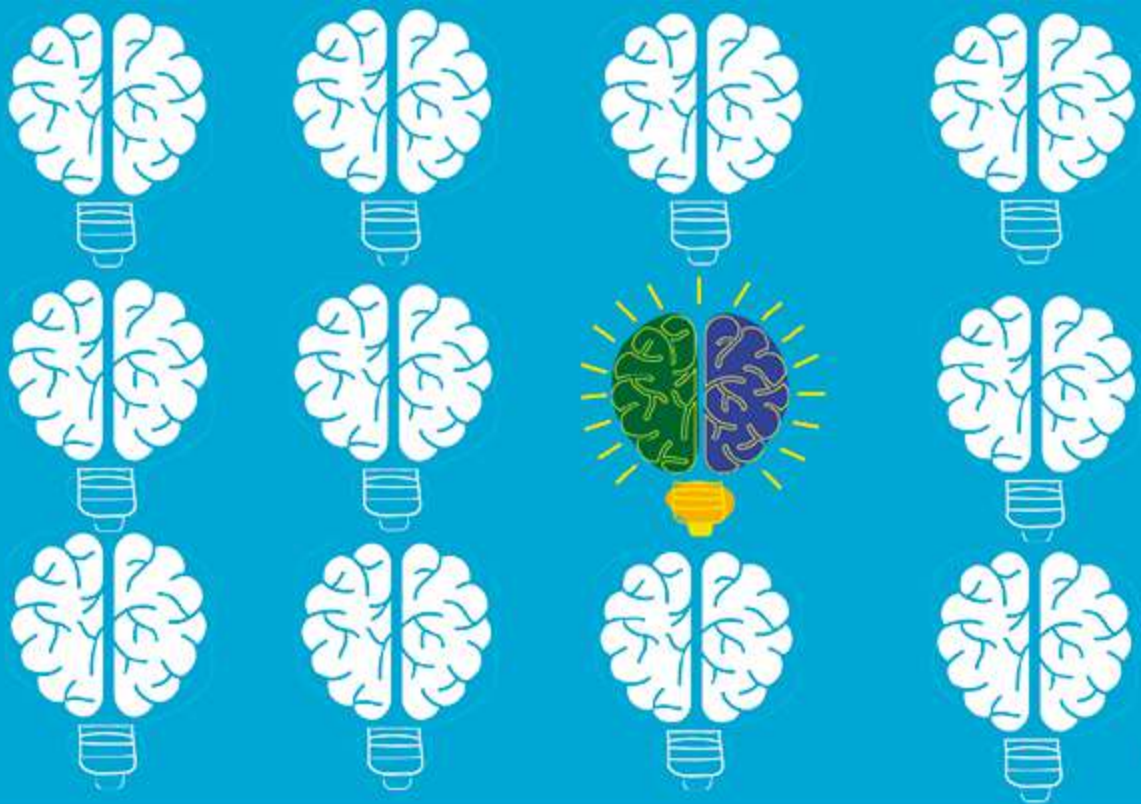
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16:00 a 16:40	Dr. José J. Bauermeister	Improving ADHD Treatment: Factors to Consider Based on Patient Characteristics and Their Environment.		Live and Post-Conference	Spanish	Yes into English
16:50 a 17:30	Dra. Carol Robbins	Women in midlife with ADHD.	Review of the status of women between 45 and 60 years of age with ADHD.	Live and Post-Conference	English	Yes into Spanish
17:40 a 18:20	Dr. César Soutullo	Negative Consequences of Suboptimal ADHD Treatment.	School failure and other ADHD impacts and how to optimize treatment results, mainly using daily medication, optimizing dosage, as well as resorting to psychoeducation and academic support.	Only Live	Spanish	Yes into English
18:30 a 19:10	Dr. Russell Ramsay	Rethinking Adult ADHD.	The current presentation will review the role of thoughts and beliefs in the experience and treatment of ADHD in adults. The use of specific cognitive interventions to promote follow through on coping recommendations will be reviewed, as will a proposed distinctive cognitive theme in adult ADHD.	Live and Post-Conference	English	Yes into Spanish



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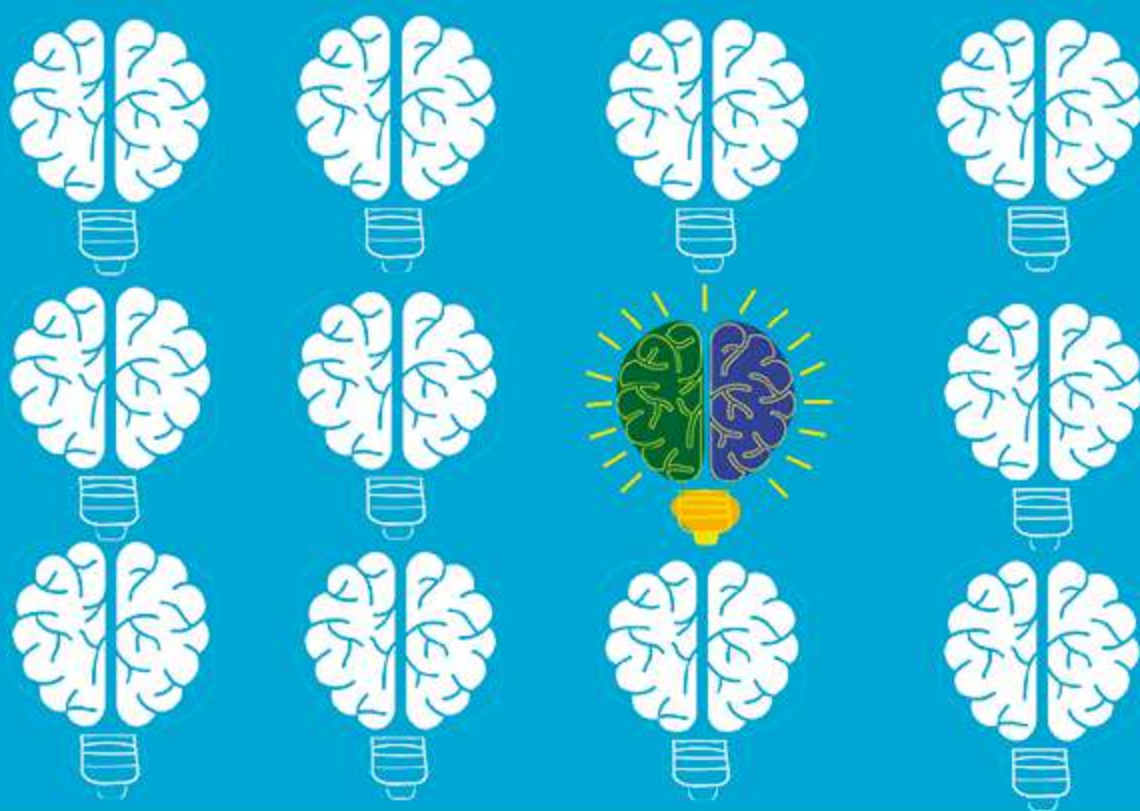
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Saturday, October 3th. 2020 (Morning)

SCHEDULE	LECTURER	TITLE	CONTENT	AVAILABILITY	LANGUAGE USED BY LECTURER	SIMULTANEOUS TRANSLATION
09:00 a 09:05	Dr. Juan Carlos Pérez Castro Vázquez	Opening	Presentation of the day's program.			
09:10 a 09:50	Psic. Paulina Romero	Resilience and ADHD.	Origin of the concept of resilience, its definitions and factors related to vulnerability and protection. ADHD as a possible risk. Resilience and ADHD: some basic principles to develop resilience.	Live and Post - Conference	Spanish	Yes into English
10:00 a 10:40	Dra. Laura Frade	Inclusion and Complexity	Dilemmas emerging from educational inclusion are addressed, identifying the false disjuncture between a medical and/or psychosocial intervention and a social one, which leads to generate simplistic and reductive treatment models that fail to address the complexity of disability and the learning and/or behavioral problems in the classroom. The construction of a complex treatment model is proposed.	Live and Post - Conference	Spanish	Yes into English
10:50 a 11:30	Dr. Lino Palacios	Reflections on the importance of mental health care in populations at high risk (ADHD): opportunities and challenges in times of the COVID 19 pandemic.	Point out the importance of mental health care, risk assessment and prevention. Rethinking in healthy lifestyle habits in a high risk population such those who are affected by ADHD and their relatives.	Live and Post - Conference	Spanish	Yes into English
11:40 a 12:20	Dr. José Martínez Raga	ADHD and Dual Pathology		Live and Post - Conference	Spanish	Yes into English
12:30 a 13:10	Dra. Tizbé Sauer	ADHD and Personality Disorders.	Homotopic and heterotypic continuity of ADHD symptoms and some personality disorders using evidence-based medicine.	Live and Post - Conference	Spanish	Yes into English
13:20 a 14:00	Dra. Armida Granados	Pre and post treatment indicators in children with ADHD. What do we look for in evaluations?	An introduction to externalizing and internalizing behavior, academic performance, and functionality in different environments in which a child with ADHD develops before and after treatment.	Live and Post - Conference	Spanish	Yes into English



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Saturday, October 3th. 2020 (Afternoon)

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16:00 a 16:40	Dra. Carol Robbins	Treating Couples with ADHD		Live and Post - Conference	English	Yes into Spanish
16:50 a 17:30	Dra. Ana De La Fuente	"Smart drugs" abuse in ADHD patients		Live and Post - Conference	Spanish	Yes into English
17:40 a 18:20	Psicoterapeuta Yolanda Vallet	ADHD and the Family.	Considerations that health and education professionals should take into account, based on the experience of families with ADHD.	Live and Post - Conference	Spanish	Yes into English
18:30 a 19:20	Dra. Joyce Cooper-Kahn	Strong feelings and weak controls: How to help children and teens with emotional regulation	This presentation will focus on understanding emotional regulation and how to help children and teens who have delays in their ability to thoughtfully manage their own emotions. We will consider ways to manage outbursts and strategies to help build better emotional regulation over time.	Live and Post - Conference	English	Yes into Spanish
19:20 a 19:30	Dr. Juan Carlos Pérez Castro Vázquez	Closure				